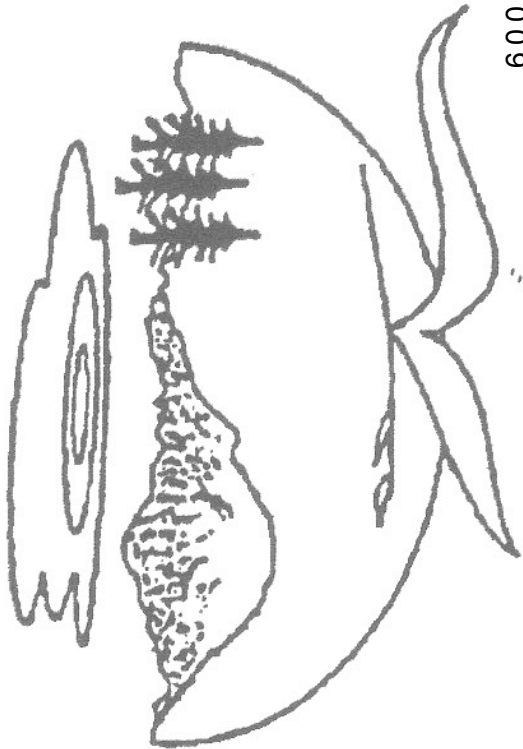


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FIVE-DAY  
ACADEMY FOR SPIRITUAL FORMATION

## HEALING

**PERSONALLY and BETWEEN RELIGIONS**

FEBRUARY 26 - MARCH 2, 2012

Palisades Retreat Center  
Federal Way, Washington

The 2012 Washington State Five Day  
Academy for Spiritual Formation  
is sponsored by the  
Pacific Northwest and Oregon-Idaho  
Annual Conferences of the  
United Methodist Church,  
Board of Ordained Ministry, and  
The Upper Room.

### The Academy for Spiritual Formation

The Academy was developed in 1983 to provide a truly ecumenical, in-depth, and comprehensive experience in spiritual formation.

The Academy is for *all* persons: laity, clergy, and seekers of all denominations, or of none, who are seeking God and wish to grow in Christian community with others.

Because the Academy seeks to offer an experience of community as well as individual devotion, all participants are expected to be residents of the retreat center. Commuter enrollment is *not* available.

[www.upperroom.org/academy](http://www.upperroom.org/academy)

### The Five-Day Academy Offers You

- † A time to nourish your thirst for authentic prayer and spiritual growth.
- † A time to experience gentle silence, absorbing worship, and rich learning.
- † A time to be refreshed in the graceful, loving and healing presence of God.
- † A time to enter the theme and explore what healing means for you in a global context.

### Daily Rhythm

Each day moves in a semi-monastic rhythm of study and prayer, rest and activity, solitude and fellowship, providing an environment where participants can open their lives to receive God's love and grace to be formed for faithful Christian living and discipleship.

Each day is embraced by morning and night prayer and fortified with daily Communion. Faculty teachings are followed by silent and group reflection time. Free time for rest and reflection is also a daily provision.

## The Academy Theme

### HEALING

#### PERSONALLY and BETWEEN RELIGIONS

"Do you want to get well?" Jesus, John 5:6

Do we, as individuals, as Christians, as world citizens want to get well? And what does getting well mean exactly? Where do we start? How does being healed differ from being cured? Can we find healing separate from one another or is our healing dependent on relationship - with God, with ourselves, our loved ones, with the stranger even? These are questions we will ask, sit with, and explore during the week at the Academy. We will listen deeply from a place of mutual respect desiring individual and common healing.

### Leadership Team

#### Co-Retreat Leaders:

Randy Henderson, United Meth PNW  
Sue McGrath, United Meth PNW

#### Covenant Group Coordinator:

Todd Bartlett, United Meth OR-ID

#### Registrar:

DeLois Turley, Baptist  
dgturley210@comcast.net  
360-656-5693 (H) 509-637-3020 (C)

#### Worship Coordinator:

Roberta Egli, United Meth OR-ID

#### The Upper Room Director of the Academy:

Johnny Sears

### Palisades Retreat Center

The Palisades Retreat Center is located on a lovely site overlooking Puget Sound. The center is newly remodeled and offers comfortable rooms, beautiful views and places to walk through woods and to the beach. The peaceful setting of the Palisades will nurture our community as we worship, pray, reflect and enjoy our week together.

[www.seattlearch.org/palisades](http://www.seattlearch.org/palisades)

## Faculty



Dr. Le Xuan Hy is an associate professor of Psychology at Seattle University. Dr. Hy travels frequently to his native Vietnam to teach and dialogue with leaders, students, and citizens. Dr. Hy teaches human development, cross-cultural psychology and leadership, psychology of religion, and research methods. In 1999, Dr. Hy was a Congressional Fellow in the Subcommittee on International Relations & Human Rights with the US House of Representatives in Washington D.C. He directs Seattle University's Institute for Human Development. Dr Hy has authored several articles and the book, Measuring Ego Development.

Dr. M. Thomas Thangaraj, retired Professor Emeritus of World Christianity at Candler School of Theology, Emory University, is a worldwide guest lecturer, researcher, author, and hymnodist. He is passionate about and well-experienced in inter-religious dialogue. Since 2000, Dr. Thangaraj has been a member of the think-tank, "Thinking Together" that brings theologians/thinkers of various faiths (Buddhist, Christian, Hindu, Muslim, Jewish) to think theologically together annually, sponsored by the Office of Inter-Religious Relations, World Council of Churches. Currently Dr. Thangaraj is working on a book tentatively titled Journeying through Diversity: Crossing Boundaries as a Spiritual Practice and is a visiting professor at Boston University.

### Dates

February 26 - March 2, 2012: The Academy begins Sunday at 5:30 pm with a gathering of the community followed by dinner at 6:00 pm & concludes with lunch Friday at noon.

### 2012 Five-Day Academy for Spiritual Formation

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Church: \_\_\_\_\_

Please circle one: Lay    Clergy

Not affiliated with a church

**Academy Fees: \$800**  
**includes Tuition, Room and Board, and**  
**\$100 non-refundable deposit**

**Mail this registration form with your**  
**\$100.00 non-refundable deposit to:**

**DeLois Turley**  
**Attn: Five Day Academy**  
**7445 Seashell Way**  
**Blaine, WA 98230**

**Make checks payable to:**

*"Treasurer, Pacific Northwest Conference"*

Please consider including an optional, much  
needed and much appreciated, tax deductible  
Scholarship Donation for Lay Participants

Donation Amount Enclosed: \_\_\_\_\_

Total Amount Enclosed: \_\_\_\_\_

**Registration Deadline –**

**\*February 1, 2012\***

**FULL PAYMENT DUE NO LATER THAN**

**\*February 26, 2012\***